Radioactive Half-life of Barium-137m

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Objectives

The objectives of this experiment are: (1) to study radioactive decay, (2) to learn the concept of nuclear activity, (3) to learn the concept for radioactive half-life and how to measure it, and (4) to measure the radioactive half-life of an isotope of barium.

Theory

The activity of a radioactive substance is the number of nuclei of atoms that decay and emit radioactive particles per unit time. The activity of a radioactive material depends upon the amount of material and is found to decrease with time as the atoms decay to some other state. The change in the number of radioactive nuclei that exist at anytime is equal to the number that decay by giving off radioactive particles. The change in the number of undecayed nuclei $\Delta N$ is proportional to the number of undecayed nuclei $N$ and the time $\Delta t$ over which the change takes place. This may be expressed mathematically by the difference equation

$$\Delta N = -\lambda N \Delta t$$

(1)

where $\lambda$ is the nuclear decay rate constant that depends on the particular isotope that is disintegrating and the type of particle that is being emitted. The rate constant is related to the probability that a particular nuclei will emit a radioactive particle of a particular type. The negative sign indicates that the change is a decrease in the number. For infinitesimally small times this equation may be written as

$$dN = -\lambda Nd t$$

(2)
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and solved by the methods of calculus to yield

\[ N = N_0 e^{-\lambda t} \]  (3)

which is the number \( N \) of undecayed nuclei at any time \( t \) when the initial number at \( t = 0 \) is \( N_0 \). The symbol “e” is the natural exponential number 2.7138.

Since the activity of a sample is the time rate of change of \( N \), the activity \( A \) of a sample is defined by

\[ A = \frac{\Delta N}{\Delta t} = \frac{dN}{dt} = -\lambda N = \lambda N \]  (4)

and is proportional to the number of radioactive nuclei. Since the activity is proportional to the number of radioactive nuclei, the activity will have the same time behavior and will change at same rate as the number of nuclei. Therefore, the activity is given by

\[ A = \lambda N_0 e^{-\lambda t} \]  (5)

and

\[ A = A_0 e^{-\lambda t} \]  (6)

where \( A_0 \) is the initial activity of the sample at time \( t = 0 \), and is equal to \( \lambda N_0 \). The activity of a sample can be measured as a function of time and the rate constant can be determined experimentally.

The SI unit of activity is the becquerel and is defined as the activity of a radionuclide that has a decay rate of one spontaneous nuclear transition per second. Historically, the standard unit of activity is the Curie (Ci) and is still the most often used unit for expressing activity. One Curie is equal to \( 3.7 \times 10^{10} \) becquerels. (1 Ci = \( 3.7 \times 10^{10} \) Bq.) Typical exempt sources that can be purchased without a license have activities of a few microcuries, i.e. \( 10^6 \) Ci.

A useful concept in nuclear methods is the time that it takes the activity of a given radioactive sample to decrease by half of its original activity. This time is known as the nuclear half-life and can be used to help identify an unknown radioisotope. The nuclear half-life \( \tau \) depends on the decay rate constant \( \lambda \) so that the larger the decay rate, the smaller the half-life. The nuclear half-life \( \tau \) is defined such that if the initial activity is \( A_0 \) at time \( t = 0 \), then the activity at time \( t = \tau \) will be \( A = \frac{1}{2} A_0 \) and

\[ \frac{1}{2} A_0 = A_0 e^{-\lambda \tau} . \]  (7)
This equation may be solved for the half-life by simplifying and taking the natural logarithm of both sides of the equation. By dividing both sides of Equation (7) by $A_o$ and by taking the inverse of each side, Equation (7) becomes

$$\frac{1}{2} = e^{-\lambda \tau} \tag{8}$$

and

$$2^{-1} = e^{-\lambda \tau} \tag{9}$$

and

$$2 = e^{\lambda \tau}. \tag{10}$$

Taking the natural logarithm of each side of this equation yields

$$\ln 2 = \ln e^{\lambda \tau}, \tag{11}$$

$$\ln 2 = \lambda \tau, \tag{12}$$

and

$$\tau = \frac{\ln 2}{\lambda}. \tag{13}$$

Since $\ln 2 = 0.693$, the nuclear half-life $\tau$ can be computed from a measurement of the decay rate constant $\lambda$ and the simple relationship

$$\tau = \frac{0.693}{\lambda}. \tag{14}$$

The decay rate constant for a particular isotope may be found by measuring the activity of a sample as a function of time and analyzing the results.

When a quantity $N$ decreases exponentially with time $t$ as the activity $A$ of a radioactive sample does, a plot of $\ln(N)$ versus $t$ will result in points that lie along a straight line. The equation for this straight line will be of the form, $N = N_o e^{-\lambda t}$, and the decay rate constant $\lambda$ characterizes how fast the quantity $N$ or $A$ changes with time and is different for different radioactive isotopes.

If the natural logarithm of $N$ is taken, then

$$\ln N = \ln N_o e^{-\lambda t}, \tag{15}$$

$$\ln N = \ln N_o + \ln e^{-\lambda t}, \tag{16}$$

and

$$\ln N = \ln N_o - \lambda t. \tag{17}$$
This equation is in the form of an equation for a straight line, \( y = a + bx \), where \( y = \ln N \), \( a = \ln N_0 \), \( x = t \), and \( b = -\lambda \). If \( \ln N \) is plotted as a function of \( t \), then the results should be a straight line whose slope is negative and has the value \( \lambda \). Therefore, the rate constant \( \lambda \) may be found from a plot of \( \ln N \) versus \( t \) and linear regression.

**Apparatus**

The apparatus is shown in Figure 1 and consists of (1) a Nucleus scaler/timer, (2) Geiger-Mueller tube with stand and source holder, (3) a cesium/barium-137m isogenerator, (4) planchet, (5) a source holder tray, (6) Pasco Science Workshop 750 data interface, (7) Pasco Science Workshop software, (8) Excel software, and (9) computer system.

![Figure 1. Apparatus for measuring the half-life of Ba-137m.](image)

The performance of the Geiger counter depends on the high voltage supply and that has been pre-set for this experiment. Normally, an experiment would be run to determine the operating voltage, but that process has been eliminated for this experiment to concentrate on the study of the measurement of the half-life. Unless instructed otherwise, the high voltage for the counter should be set at 900 volts.

The instructor will make the Ba-137m source for each experimenter when ready. Counting should start as soon as possible after the sample is made. After the run, the planchet with the used Ba-137m source material should be placed in a baking dish in the sink to be washed. After each Ba-137m source, it takes about 5.0 minutes for the Ba-137m to build back to 3/4 strength. Thus the instructor should rotate through several isogenerators for each class. Remember to wipe up any spills and to wash yourself thoroughly if any of the source material should come in contact with your skin.
Method

In this experiment a G-M tube with a scaler/timer will be used to measure the radioactive half-life of an isotope of barium, Ba-137m, a metastable state of barium before it decays to its ground state. The activity of the Ba-137m is measured as a function of time by detecting the gamma rays that are emitted and the half-life is computed from the decay rate constant.

The activity of the sample cannot be measured instantaneously, but instead a number of radioactive decays are detected and counted over a series of short time intervals. It can be shown that this number changes exponentially with the same decay constant as the activity, and therefore, is equivalent to measuring the instantaneous activity. Also, the number of detected particles is a fraction of the total number of decays since the radiation is emitted from the source in all directions and the detector only intercepts a small portion of these directions. In other words, the detector only sees a small fraction of the total solid angle. The detector also has an efficiency for counting particles that enter it that is less than 100%. The efficiency is usually a constant for a given setup and a set of measurements, but the measurements still have the characteristic exponential relationship with the same decay constant. For high count rates, detectors in general but especially GM tubes, have difficulty counting particles that occur nearly simultaneously. This problem, referred to as the dead time, can be avoided by keeping the counting rates small enough that the time between counts is much larger than the time resolution of the detector and counter. With these additional factors taken into consideration, the detected number of particles is still proportional to the activity of the sample and has the same decay constant.

Background radiation is a common source of error in radioactive decay counting, and although small, this error can lead to a small inaccuracy in the measurement of the half-life. The background radiation comes from a lot of naturally occurring materials that emit radiation, and also, from cosmic rays entering our upper atmosphere from space. Background radiation is a constant addition to the detected activity and produces an offset count that doesn’t fit the exponential decay of the source material. Fortunately, the measurements can be easily corrected to compensate for this offset. A background measurement is made by removing all other sources to be measured from the vicinity of the detector and then counting for a long time to establish an accurate measurement of the background. Then the background is simply subtracted from each of the measurements made with the sources present.

The source material for Ba-137m is an isotope generator consisting of an exempt quantity of Cs-137. An exempt quantity is a quantity small enough that no license is required to purchase the material and therefore is deemed to be a minimal health hazard. The cesium atoms are in molecules of a cesium salt, CsCl that have been adsorbed by small beads of a resin material. The Ba-137m atoms are a daughter product that results from the decay of Cs-137 according to the scheme shown in Figure 2. As the Cs-137 atoms decay to the Ba-137m atoms, the Ba-137m atoms remain adsorbed on the surface of the resin, but because barium is in a different chemical form than the cesium was previously, it is more
loosely bound to the resin and can be de-adsorbed with a weakly acidic salt solution containing HCl and NaCl. Small aliquots of the short lived Ba-137m isotope can then be extracted from the resin by this eluting solution. The cesium atoms have a half-life of 30 years and is always decaying and building up an equilibrium amount of Ba-137m. Ba-137m has a half-life of only 2.55 minutes (153 seconds) and quickly decays down to its stable ground state by the emission of a 0.662 MeV gamma ray.

The Ba-137m is said to be selectively "milked" from the generator that is sometimes referred to as a “cow.” As the Ba-137m daughter product is washed out of the generator, the Cs-137 parent product is left behind to regenerate additional Ba-137m atoms. Regeneration of the Ba-137m occurs as the Cs-137 continues to decay and equilibrium is re-established in less than an hour. Since Ba-137m has a short half-life, it only takes approximately 30 minutes after a sample is acquired for the residual activity to have decayed to less than one thousandth of its initial activity, thus making it safe for disposal. However, regardless of how safe this isotopic generator system is to work with, care should be taken to avoid spills and contact with your skin. Should a spill occur or contact with the skin be made, wipe off the excess liquid and wash thoroughly with soap and water.

CAUTION: Avoid skin contact with aliquots of the Ba-137m samples. Wipe up any spills and wash thoroughly with soap and water.
Procedure

Preliminary Preparation

1. The LND, Inc. Model 723 Geiger-Mueller tube used in this experiment has an operating voltage of 900 volts. Make sure the high voltage on the scaler/timer unit is set to 900 volts (the two knobs set to 800 volts and 100 volts respectively). The end window of the tube is made of mica and has a thickness of $7 \times 10^{-4}$ cm (7 microns).

**CAUTION:** The window is extremely thin, and can be easily punctured so that the 900 volts on the center wire is exposed, thus posing an electrical health hazard. Avoid contact with the window to avoid the possibility of a serious electrical shock.

2. Turn on the power to the scaler/timer unit with the power rocker switch. Push the stop and reset rocker switches to initialize the unit.

3. Open up an Excel Spreadsheet by clicking on the Excel icon on the desktop of the computer. In Sheet 1, label the columns as illustrated in Figure 3.

4. With all sources removed from proximity of the detector, make a background measurement. On the scaler/timer unit set the mode switch to preset time by switching the toggle switch to the left. Set the preset time knob to 10 minutes and start the scaler by pushing start rocker switch to on.

5. Record the number of background counts $N_T$ in Cell C1 of your spreadsheet and compute the number of counts per 30 second period $N_B$ in Cell C2. ($N_B = N_T / 20$).

![Figure 3. Example of Excel spreadsheet for recording and analyzing data for the half-life of the beta decay of Ba-137m.](image)

Data Acquisition Setup

1. From the desktop open the DataStudio program by clicking on the DataStudio icon.

2. Select *Create an Experiment* from the choices in the Welcome to DataStudio pop-up window.
3. In the *Experiment Setup* window scroll through the list of *Sensors* in the pull-down menu to the *Geiger Counter* sensor icon. Double click on the *Geiger Counter* sensor icon to add it to *Digital Channel 1*. Check and make sure that the cable connected to the Nucleus scaler is plugged into Digital Channel 1 on your 750 interface.

4. Double click on the *Geiger Counter* sensor icon connected to the 750 interface in the *Experiment Setup* window. This brings up the *Sensor Properties* window. Under the general tab, click on the *Slow [<1 Hz]* button to select it (if it isn’t already selected), and change the *Seconds Between Samples* input box to 30 sec using the +/- buttons. This setting will set the data acquisition system to count for 30 second periods. Click on the *Measurement* tab in this window. Make sure that the *Geiger Counts, Ch1 (counts/sample)* check box is checked, and then click *OK*.

5. Click on the *Options* button on the *Setup Toolbar* and this will bring up the *Sampling Options* window. This window can be used to control the starting and stopping of data collection. In the *Delay Start* section, click the radio button to select *None*.

6. In the automatic stop section, select the radio button *Time* and set the time to 901 seconds. This will allow 30 measurements of the number of counts that occur in 30 second increments.

7. Under the *Displays* window double click both on the graph icon and the table icon. This will display the data collected from the Geiger counter in a table and graph.

8. Arrange the graph and table windows to best display your results. You can hide the *Displays* and *Data* windows by clicking on the small up and down arrow beside the *Summary* button on the DataStudio toolbar.

9. When ready to start collecting the data, click the *Start* button. The data will be recorded in the table and graphed on the graph. If for some reason data collection doesn’t stop, you can stop data collection by clicking on the *Stop* button.

10. On each of the window’s *Graph* and *Table* there is a drop down menu beside the toolbar button labeled *Data*. Select *Clear Data* from the drop down menu. This will allow you to run the experiment again. Each data set is saved separately, so you can run as many trials as you want to run so that you can then go back and compare your results.
Acquisition of Ba-137m Half-life Data

Note: Sample preparation should be done only after the apparatus is setup, a background measurement has been made, the scaler and software are initialized, and you are ready to begin counting. The sample will lose half of its activity in 153 seconds, the half-life of Ba-137m, and the best data occurs during the first few measurements. Make sure you are set to operate the experiment correctly and can start data acquisition as soon as possible after the sample is prepared. Read through the following steps before beginning.

1. Prepare to measure the activity of a sample of Ba-137m as a function of time by counting detected beta particles for 30-second time intervals and repeating the measurement for 15 minutes (900 seconds). As was outlined above, the Pasco Science Workshop data acquisition should be set to count for 30 second time intervals and to stop when the time is greater than 900 seconds.

2. To initialize the scaler, turn it on with the Power rocker switch, and then place the scaler in the stopped mode by depressing the Stop rocker switch followed by depressing the Reset and Count rocker switches in sequence.

3. To initialize the software if any previous data has been collected, select Experiment from the DataStudio main menu bar and then Delete All Data Runs from the pull down menu. Click on OK and the experiment is set to take data. When the sample is ready, data acquisition will be initiated by clicking on the Start button of the Pasco DataStudio software.

4. Ask your lab instructor to prepare your sample of Ba-137m using one of the isotope minigenerators. Two or three drops should be placed in the center of a planchet that has already been placed in a source tray holder.

5. Quickly place the source tray in the second slot from the top slot of the holder stand, and then click on the Start button of DataStudio to start collecting data. Make sure the scaler is showing that it is registering counts. After the first 30 seconds has elapsed, observe the data as it is being accumulated in the table. If you should need to stop data acquisition, click on the Stop button.

6. Collect data for the next 15 minutes and observe the accumulated data as it is plotted in the graph. Observe the exponential decrease of the number of counts recorded in each time period.

Analysis of Results

1. Prepare to transfer the data from DataStudio to your Excel spreadsheet for analysis. Using the left mouse button, click on the area of Table 1 that has the title Geiger Counts, Ch1 and Run #x. This will highlight in yellow all the numbers in the table. (As an alternative, click on the uppermost of the cells in the left column of time data
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and while holding the left mouse button down, drag the cursor to the lowermost cell containing data in the right, counts, column to select the entire data set of Geiger counts versus time. Then select the Edit menu option from the top menu bar of the DataStudio program and then select Copy.

2. Return to Sheet 1 of the Excel program and locate your cursor in cell A4 and click on this cell with the left button of your mouse. Choose the Edit option from the top menu bar and then select Paste. These operations should place your data from your run into the spreadsheet. Examine the copied data to make sure that this has been done. Your spreadsheet should look something like the one in Figure 3.

3. In column C, compute the number of Geiger counts corrected for the background, \( N_G - N_B \). This can be done by copying the formula \( =B6-SCS2 \) in cell C6 and copying it to the other cells in column C.

4. In the following steps, \( N_G - N_B \) will be graphed as a function of time, \( t \). To make the graph, begin by choosing Insert from the Excel main menu bar and then Chart . . . from the pull down menu. Choose XY (Scatter) for the Chart type and the points only option, \( \cdot \cdot \cdot \), from Chart sub-type selections. Click on Next and then click on the Series tab of the Chart Source Data window. Click the Add series button and type \( Ba-137m \) Half-life in the Name text input box. Type \( =Sheet1!$A$6:$A$35 \) in the X Values text input box and \( =Sheet1!$C$6:$C$35 \) in the Y Values text input box and then click on Next.

5. In the Chart Options window click on the Titles tab and type in Time (seconds) and \( N_G - N_B \) in the Value X axis and Value Y axis text boxes. Under the Gridlines tab check both the x and y Major gridlines options and then click on Next.

6. In the Chart Location window, choose the As new sheet option and then click on Finish. Note the exponential decay of the data as it appears in your graph.

7. Since Equation (17) is the form of a linear equation, graphical analysis using linear regression can be used to find the coefficients and decay constants. Use column D to compute the natural logarithm of the corrected number of counts found in column C. A formula, \( =LN(C6) \), can be entered in cell D6 and then copied down to D35.

8. In the next steps, \( \ln(N_G - N_B) \) will be graphed and analyzed as a function of time, \( t \). According to the theory, the graph should result in a straight line whose slope is \(-\lambda\). All the points on the graph should appear to lie along a straight line, and the slope of the line that fits these points will be found by linear regression using the trendline feature of Excel.

9. To graph the data, choose Insert from the Excel main menu bar and then Chart . . . from the pull down menu. Choose XY (Scatter) for the Chart type and the points only option, \( \cdot \cdot \cdot \), from Chart sub-type selections. Click on Next and then click on the
Series tab of the Chart Source Data window. Click the Add series button and type \textit{Ba-137m Half-life} in the Name text input box. Type =Sheet1!$A$6:$A$35 in the X Values text input box and =Sheet1!$D$6:$D$35 in the Y Values text input box and then click on \textit{Next}.

10. In the Chart Options window click on the Titles tab and type in Time (seconds) and $\ln(N_G-N_B)$ in the Value X axis and Value Y axis text boxes. Under the Gridlines tab check both the x and y Major gridlines options and then click on Next.

11. In the Chart Location window, choose the As new sheet option and then click on Finish.

12. Examine the points on the graph to see if they lie along a straight line. Choose Chart from the Excel main menu bar and Add Trendline . . . from the pull down menu. Choose Linear from the Trend/Regression type selections under the Type tab. Under the Options tab, click on the Display equation on chart option and then OK. Re-examine the data points with regard for how well they fit the trendline.

13. This graph should look something the one in Figure 4. The slope of the trendline for the second portion of the graph is negative and is equal to $-\lambda$, the decay constant. Record the value of the slope taken from the equation of the trendline in a convenient cell in sheet 1. Use another adjacent cell in the same row or column to label this value.

14. Using Equation (14), calculate the half-life for Ba-137m and record this value in your spreadsheet. Calculate the percent difference between your value for the half-life of Ba-137m and the accepted value of 153 seconds. Record this difference in your spreadsheet with it labeled.

![Logarithmic Plot of Ba-137m Decay Rate](image)

Figure 4. Example graph of Ba-137m decay versus time.
15. Examine the data in columns A and C and determine the time that the number of detected counts is reduced by a factor of 2. Refer to your first graph to refine this estimate. Compare this value to the value you determined from your analysis and the accepted value for the half-life.

16. Print copies of your spreadsheet and graphs.

Questions

1. What was the number of Geiger counts corrected for background that would have been measured at time \( t=0 \)? Hint: Use the equation for your trendline to compute the natural log of this value and then convert it to a linear value.

2. If two different radioisotopes A and B have the same activity but the half-life of isotope A is larger than the half-life of isotope B, what is the relative magnitude of the numbers of radioactive nuclei of isotope A to isotope B?

3. A unit of activity called the curie is defined as \( 3.7 \times 10^{10} \) disintegrations/second. What is the activity in microcuries of a strontium source that emits 2250 beta particles per minute? (1 microcurie = \( 10^{-6} \) curies).

4. In this experiment are the detected activity and actual activity of the source identical? What difference would this make in the analysis of the data?

5. The half-life of radioactive phosphorus (P-32) is 14.3 days. If a solution containing 10 microcuries is purchased for an experiment on the absorption of phosphates by plants, what would the activity be after 21 days?